

# LOOPHOLES STALLING PROGRESS IN PHYSICAL EDUCATION

ACROSS THE U.S.



**74.5%** of states require students to take physical education from elementary through high school



**BUT**

inadequacies in state policies place challenging hurdles on the path to progress...

ONLY **28 states** allow exemptions and waivers

*NO PE!*

ONLY **22 states** require schools to allot a specific amount of time for physical education

ONLY **10 states** designate specific funding for professional development in physical education

and that's not all...

ONLY **6 states** require physical education in every grade: IL, HI, MA, MS, NY, and VT

ONLY **3 states** require schools to provide the nationally recommended\* **150+ min.-per-week** of PE in elementary school

ONLY **3 states** require schools to provide the nationally recommended\* **225+ min.-per-week** of PE in high school

★ ★ ★ ★ **TAKE ACTION** ★ ★ ★ ★

Talk to your school board, share with your state's legislators, and **SPEAK OUT!** on Capitol Hill! Visit [www.naspeinfo.org/shapeofthenation](http://www.naspeinfo.org/shapeofthenation).



\*National Association for Sport and Physical Education (NASPE) recommends that schools provide 150 minutes per week of instructional physical education for elementary school students, and 225 minutes per week for middle and high school students for the entire school year.

