

What Phys. Ed. Ain't

RECESS is when, two times each day,
The staff goes to gossip, the kids to play.
They slide, they swing, and they muddy their socks.
They climb and jump and even throw rocks.
Boys tussle and wrestle, chase girls 'til they faint,
Recess is important, but PHYS. ED. IT AIN'T!

RECREATION and LEISURE, essential I'm told,
Recreate the body, upgrade the soul.
Learn interesting pastimes for use when it rains,
Pursuits for all children, the Bobbies and Janes,
But no matter how structured, no matter how quaint,
No matter how joyous, PHYS. ED. IT AIN'T!

PHYSICAL FITNESS proclaimed far and wide,
Vitality, vigor, pep in the stride,
Lift that barge and tote that bale,
Exercise daily, be hearty and hale,
Push up and sit up without complaint,
In spite of it's value, PHYS. ED. IT AIN'T!

ATHLETICS and SPORTS? Oh! Perish the thought.
It's horrid to think of the havoc we've brought.
Shoot baskets, play baseball, hold that bat steady.
We make them play football before they are ready!
Let them be kids without rancor or taint,
Athletics MAY hurt them, cause PHYS. ED. IT AIN'T!

THEN WHAT IS PHYS. ED. if it ain't the above?
And what are the goals for the children we love?
An integral part of the learning process.
Focused on personalized growth and success,
Striving to enhance through instructional giving.
Encouraging productive, efficient, harmonious living!!!