

## “Best” States

**Rhode Island** – Requires 1-12, and does not allow exemptions, waivers, or substitutions

**Massachusetts** – Requires K-12, but permits school districts or schools to allow students to substitute other activities for required PE

**Illinois** – Requires K-12, but grants exemptions/waivers for school districts re time or credit requirements and permits school districts or schools to allow students to substitute other activities for required PE

**New Jersey** – Requires 1-12, requires 3.75 credits of high school PE, but permits school districts or schools to allow students to substitute other activities for required PE

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